



# THE SPECTRUM

WEDNESDAY, MARCH 18, 2015

"SHEDDING LIGHT ON CAMPUS NEWS SINCE 1983"

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## Lights, Camera, Action, The Martire Building is Open for Business



TRACY DEER-MIREK

THE OPENING AND DEDICATION OF THE NEW FRANK AND MARISA MARTIRE BUSINESS & COMMUNICATIONS CENTER THIS PAST SATURDAY

## TWEETS of the Week

@germangirl827

"I hate when I lose things at school like my pencils and papers and life ambitions."

@KtPoquott

"Registration is upon us' and yet there are still no courses up on webadvisor..."

@MikeBlando6

"You're paying 50k a year for school I highly doubt you need to hunt for your food. Stop wearing camo"

Want to see your tweets in The Spectrum? Tweet at us using the hashtag #shuspectrum and you may be featured!

## Instagram Photo of the Week



BIG RED SHOWING HIS SUPPORT FOR THE STUDY ABROAD PROGRAM

BY JENNA BILLINGS  
Staff Writer

The grand opening and dedication of Sacred Heart's newest building, the Frank and Marisa Martire Business & Communications Center, was held Saturday, March 14 at 4:30 p.m.

Honored guests included Linda McMahon, politician and president of World Wrestling Entertainment Inc. (WWE) and trustee of the university, members of the Bridgeport and Fairfield planning and zoning commissions, members of the administration, and benefactors who helped make the facility a reality.

An 18 month construction crusade, the Martire Center has been a long-awaited dream of many communications and business students of Sacred Heart.

"I think this is a huge opportunity for business students like myself," said sophomore Paige DeVine. "The stock ticker room and 'smart classrooms' will be conducive to a more professional environment, and Sacred Heart is putting itself more on the map, which will help us when applying for internships."

Student Ambassadors, athletes, choir and dance members, business and communications students, and other members of the student community formed a walkway for the Martire family and the entire board of trustees out to the front of the building to unveil the title of the facility and dedication to the Martires, which is embossed on the building's front wall in striking fashion.

Vice President of University Advancement, William Reidy, thanked a long list of benefactors and thanked the Martires for their

generosity on behalf of the entire community.

Reidy then introduced Father David Buckles, who performed an invocation of a blessing on the new building, asking God to enrich the minds and hearts of all those who are a part of the Sacred Heart community.

The event continued with University President Dr. John J. Petillo addressing the crowd; he stressed the importance of the Martires' gift to the future of Sacred Heart. "This building was designed with you, as students, in mind," said Petillo. "It is the intention of the Martires and the entire administration that the building changes lives."

Frank Martire and his wife Marisa were then given the chance to speak to the community, and stressed that their investment in the project was more than financial.

Frank Martire, who graduated from Sacred Heart in 1969, told students that his vision for the facility centered on the hope that it would become a gathering place where students can come together as a community. He looks back on his Sacred Heart experience with fond memories that he hopes the new facility will foster for students in years to come.

Students, faculty, members of the board, and honored guests were then given the opportunity to tour the building, and view the state-of-the-art technology available as part of the Martires' gift.

The facility includes an active trading floor and ticker tape room, "smart" classrooms, interactive labs, two large studios for television, video and film production, as well as post-production facilities including a green room, screening venues and multimedia classrooms.

The first two floors are dedicated to the Department of Communication & Media

Studies. The Jack Welch College of Business will be housed on the third floor.

Professor Joseph Alicastro, Coordinator of News and Broadcasting for the Masters of Communication (MACOMM) graduate program, was very involved in the implementation of the above-mentioned technologies.

He worked painstakingly alongside Dr. James Castonguay, director of MACOMM, and Dr. Andrew Miller, Chair of the Communications & Media Studies department, to hire top professional contractors in the construction of multimedia facilities.

"The goal was to build a facility that will be as professional as that of any television station or production company in the industry," said Alicastro.

Other features include a two-story atrium; a 100-seat multi-media forum for leadership institutes, rooms for lectures and screenings, satellite-equipped classrooms, conference rooms and lounges. To the delight of many students, the building will also have an Einstein Bagels café for grab-and-go service.

The building will also house the offices for all of the student media clubs on campus including the Pulse, SHUBox, The Spectrum newspaper, Pioneer magazine, and WHRT Radio.

"We, and the department heads in the Jack Welch College of Business, have tried to think of every detail to give students a complete academic and professional education and experience," said Alicastro. "But none of this would have been possible without the vision of our university administration and the generosity of the Martire family."

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# News

“All of his achievements showed that he was concerned for people.”

—Frank J. Caggiano, current Bishop of Bridgeport, Conn.

## Remembering Cardinal Edward Egan

*Former Bishop of Bridgeport, Conn. with a connection to Sacred Heart*



CARDINAL EDWARD EGAN CELEBRATING MASS

BY CHRISTIAN COLON

Co-Asst. News Editor, Staff Writer

On March 5, Cardinal Edward Egan passed away at the age of 82. After suffering from cardiac arrest at a chapel in Manhattan, he was later pronounced dead at the NYU Langone Medical Center.

“He was always a fatherly figure, he was very jovial and gave great advice and guidance. He took an interest in all of us who were young bishops, and I will miss him,” said

Frank J. Caggiano, current Bishop of Bridgeport.

Caggiano celebrated mass this past Sunday, March 15 at Sacred Heart University’s Chapel of the Holy Spirit. As a special guest, he was given the opportunity to give a homily to those in attendance.

Caggiano reminded students, professors, and families of God’s promises, including to always be full of joy and thankful for all that God has given.

In addition, Caggiano mentioned how much Egan meant to him.

“You know a tree by its fruit,” said Caggiano. For those that did not get the opportunity to meet him, Cardinal Egan’s achievements will now be a legacy that will live on after his death.

Egan’s career included working for dioceses all over the world, including both New York and Rome.

For more than 12 years, Connecticut was Egan’s home. On Nov. 8, 1988, Pope John Paul II selected Egan to be the third bishop of Bridgeport. He was installed on Dec. 14 at Sacred Heart University.

During his time in Connecticut, Egan established the Saint Catherine School for children with special needs in Bridgeport as well as The Haitian Catholic Center in Stamford. Egan worked with inner-city kids, which led to the creation of the Inner-City Foundation for Charity and Education. He also helped retired priests, along with making contributions to many scholarship programs.

“All of his achievements showed that he was concerned

for people,” said Caggiano.

Egan served on the Board of Trustees for local hospitals, community centers, and universities including Sacred Heart.

“He is respected for how he helped people after the 9/11 attacks,” said Brian Stiltner, Chair of the Religious Studies and Theology department.

On March 10, about 2,500 people from all over the world filled St. Patrick’s Cathedral in New York City.

The crowd included many political leaders from around the country including Gov. Andrew Cuomo and four New York mayors. Current mayor Bill De Blasio and former mayors Michael Bloomberg, Rudy Giuliani and David Dinkins.

According to Caggiano, many people wanted to go to the funeral, but were not sure if it was open to the public.

“I flew back from Washington D.C. to attend the funeral, and it was beautiful, the music was beautiful, and the church was full,” said Caggiano.

Sacred Heart junior, Timothy Weiss, mentioned how he was shocked by the death of the cardinal.

As a New Yorker, Weiss had a better sense of all the great things Egan did being involved with the church ministry. Weiss felt as if Egan had a large impact in New York as Archbishop and in Bridgeport as Bishop.

“Cardinal Egan’s legacy as a priest, a friend, a lover of music, and a faithful leader will live on in his future successors,” said Weiss.

## Attorney: Ferguson Shooting Suspect Didn’t Target Officers

BY ASSOCIATED PRESS

CLAYTON, Mo. (AP) — A man accused of shooting two officers last week in Ferguson was not targeting police or aiming at demonstrators at a late-night protest, his attorney said Monday as he countered an earlier police description of the crime.

Defense attorney Jerryl Christmas also suggested that St. Louis County police may have used excessive force when arresting the suspect, Jeffrey Williams, saying his client had bruises on his back, shoulders and face and a knot on his head.

Police spokesman Brian Schellman called the lawyer’s allegations “completely false,” adding that Williams was seen by a nurse when booked into the county jail, standard procedure for all incoming inmates.

“The nurse released Williams as fit for confinement,” he said.

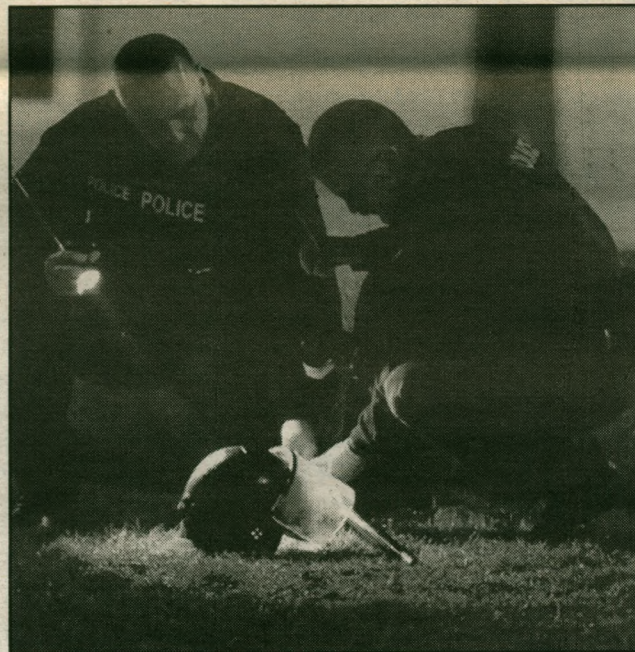
Williams is accused of shooting the two officers Thursday outside Ferguson’s police station, which has been the scene of protests since last summer’s fatal shooting of 18-year-old Michael Brown.

Williams, 20, appeared in court Monday morning, one day after his arrest on charges of felony assault, armed criminal action and a weapons offense. His case was continued until March 31. Christmas did not appear at the brief hearing and said he first spoke with his client late Monday afternoon.

“This wasn’t any type of ambush shooting,” Christmas said in an interview with the AP, countering an earlier description by St. Louis County Police Chief Jon Belmar of the March 12 shooting outside Ferguson police headquarters. “Those officers were shot accidentally.”

Williams also told investigators he was not targeting law enforcement and had been aiming instead at someone with whom he had a dispute, authorities said. But that assertion was met with skepticism by St. Louis County Prosecutor Robert McCulloch.

“We’re not sure we completely buy that part of it,” the prosecutor said Sunday.



POLICE SHINE A LIGHT ON A HELMET AS THEY INVESTIGATE THE SCENE WHERE TWO POLICE OFFICERS WERE SHOT OUTSIDE THE FERGUSON POLICE DEPARTMENT

Christmas said he wasn’t aware of any details regarding a possible dispute that could have preceded the shooting.

But Ferguson activist Derrick Robinson said Sunday that Williams told him during a jail visit that he had been robbed earlier on the day of the shooting and returned to the protest zone to retaliate. On Monday, Robinson referred inquiries to Christmas.

The shooting happened as a demonstration began to break up. The protest followed the resignation of city Police Chief Tom Jackson in the wake of a Justice Department report that found widespread racial bias in the city’s police practices.

Christmas said his client was not a regular participant in demonstrations outside the police station, echoing statements by protest leaders who said they did not recognize Williams as one of their own.

“That little strip has become the hang-out spot,” Christmas said, noting that the area has attracted people besides demonstrators.

Williams is jailed on \$300,000 bond. Christmas said his client is unemployed and expecting a child with his girlfriend.

On Monday, no one answered the door of the north St. Louis County home Williams listed as his address on court records, and several neighbors said they did not know him. The home is about 5 miles northeast of the Ferguson Police Department.

According to 2014 county court records, Williams lived in the nearby community of Jennings, which borders Ferguson. No one answered the door there either.

Online state court records show a man by the name of Jeffrey Williams at the address police provided Sunday was charged in 2013 with receiving stolen property and fraudulent use of a credit/debit device.

Belmar had said the two officers easily could have been killed. A 41-year-old St. Louis County officer was shot in the right shoulder, the bullet exiting through his back. A 32-year-old officer from Webster Groves was wearing a riot helmet with the face shield up. He was shot in the right cheek, just below the eye, and the bullet lodged behind his ear.

The officers were released from the hospital hours after the attack.

The Ferguson Police Department has been a national focal point since Brown, who was black and unarmed, was killed by police officer Darren Wilson, who is white. A grand jury declined to indict Wilson in November, and Wilson was cleared of civil rights charges by a Justice Department report released March 4. Wilson resigned in November.

A separate Justice Department report found widespread racial bias in the city’s policing and in a municipal court system driven by profit extracted from mostly black and low-income residents.

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# Perspectives

## Influence: Why it's Important to Us

### SAM says...



Influence is such an important word to me and I'm sure it is to a lot of people. It is everywhere in our society. To the people we meet everyday, to the music we listen to, to that great lady that held the door for me this morning. Influence has a funny way of impacting who we are as people.

For myself, I am mostly influenced by the people I am able to meet everyday here at Sacred Heart University. Over the last four years here I have created such a positive connection here at Sacred Heart that I never want to leave and a huge reason for that is the people. From the random acts of kindness in the hallways to the more personal connections I've created on past mission trips, I can honestly say that the best people in the world are located here at 5151 Park Avenue.

A part of me that has definitely grown over the years is my personality. Everyone here is so loving and caring that it is really hard not to act yourself. Sacred Heart University is so accepting of every single person. Whether you are straight, gay, white, black, green or blue, Sacred Heart loves you. To me, that is all that matters in life. Being loved and cared for.

A regret of mine I have had during my time here at Sacred Heart, was not being able to participate in an international mission trip. Fortunately for me, I was just accepted into graduate school here and I am definitely looking to apply for one next year. I want to be able to shine the remarkable love that this school has given me to someone less fortunate.

I am always looking for a new sound. I have discovered so much new music attending this college from all forms of genres. As you know, my favorite genre electronic music has me focusing on production via my laptop. However experiencing new bands like WALK THE MOON and surprisingly John Mayer influences me to keep at my guitar playing so I can focus on one of my true passions.

Looking around this campus I have noticed that the amount of influential elements exuded by the students and faculty is eclectic. The Beatles said it best, "Love is all you need." Here is a little shout out to the people on campus that put the heart into Sacred Heart. Sacred Heart would not be the way it is today without every single one of you.

### NICOLE says...



Google's definition of the word influence is as follows: the capacity to have an effect on the character, development, or behavior of someone or something, or the effect itself. I happen to agree with this definition and I've realized in college that there are influences everywhere we walk. Whether it's people, places, advertisements or your very own thoughts, we're constantly being influenced to either do something or not do something. Influence is whatever has a control over you.

There are good influences and bad influences in the world, I personally have realized that the people you love most are the ones who can influence you the most.

Your emotions and your actions can change or sway based on what is going on with someone in your life, there are times that the person influencing you might not even know that they are, those can be the worse ones.

There are times that a celebrity you really envy might influence your next purchase at the mall, or times when your friends might influence your actions when you're planning a weekend, or even advertisements for places that may influence how you blow your next paycheck. In college there are influences everywhere, the influence that makes you want to "drink to fit in" seems to be the most commonly known. If everyone's drinking at college parties I think it's easy to

be influenced to do the same because we're young and we are still finding ourselves. I have a strong sense of who I am and I tend to stick with what my values are in everything I do.

That being said, I still do give in at times, like when my roommates pressure me to go out on a Tuesday, or when my Mom begs me to skip the gym and just relax with her, but obviously that's being influenced in a very acceptable way, at least I think so.

It's impossible to avoid the influences in the world, the best thing you can do is remember who you are as a person and never let anyone or anything influence you enough to change your values.

## The Evolution of the "Nerd"

BY MELANIE VOLLONO

Asst. News Editor

Since the dawn of time and the creation of man, high school has been separated by two species: the jocks and the nerds. The jocks are everything you hope to be and more. They are the guys women fawn over and write about in their pathetic diaries at night. They are suave, handsome, and a little dangerous. They break the rules in their varsity jackets with a cigarette behind their ear. They are Danny Zuko and Zach Morris in tight leather winking from behind the bleachers.

The objects of their affections were the cheerleaders, always in uniform, with pom poms in hand and wearing sunglasses inside, even when it rained. They were the girls no one really liked but wanted to be friends with anyway; to get on their bad side was social condemnation. They were powerful, fearless and always on the arm of their male counterparts.

Where there are jocks, there are always nerds. Squints, Minkus, and Steve Urkel to name just a few. Commonly tormented by the "cool kids," nerds have been attacked for years.

They are given swirlies with their heads in the toilets, shoved into lockers and given wedgies in the lunchroom. Nerds are the brunt of every joke and easy people to beat up for that 25-cent carton of milk.

Nerds and jocks naturally collide. They are mortal enemies. Jocks are the nerds' kryptonite. Movies have tried to portray the overthrow of the jock for years, but to no avail. Instead, they show the "nerd redeemed." (The kid who suddenly becomes cool and is finally accepted; the ugly quiet girl who suddenly takes off her glasses and everyone wants to take her to homecoming).

But why does the nerd have to be redeemed? Why can't nerds and jocks coexist in peaceful harmony? Well, that's simply not the way.

In the past few years, there seems to have been a shift in what is conventionally cool and uncool. All of a sudden, nerds now hold the power, and not just in their virtual reality.

Emergence the birth of a new breed: Hipsters. Everyone



JALEEL WHITE PORTRAYING STEVE URKEL ON "FAMILY MATTERS"

knows a Hipster. They are the Ray ban-wearing, coffee-drinking music snobs that indulge their whims in novellas and obnoxious mismatched clothing with an air of countenance above their peers. They know of everything before everyone else and make sure you know it.

Taking an easy jazz elective? You're screwed. They knew how to play the trumpet before Miles Davis did. They are God's gift to humankind, but they don't believe in God. Instead, they subscribe to the belief of a higher being, such as the stars.

Somehow, the stigma of being uncool has now become the opposite. People who double major in philosophy and anthropology are all of a sudden, sexy? Good luck finding a paying job.

God forbid you ask a Hipster what they're listening to on their iPod color (they're back by the way, in case you haven't heard) and they'll say, "You've probably never

heard of it." Here's a hint: It's probably John Mayer's first mixtape. And we see you reading "50 Shades of Grey" on your Nook.

There will always be a definition of what is cool and what is not. But the new obsession with finding purposely "uncool" things to endorse is a backwards popularity contest.

This is a message to the Hipster community: It's okay to like Frozen even though it's popular. Many people have the notion in their mind that a negative opinion is a correct opinion. We don't have to run away from something just because many people like it. It got popular for a reason.

So belt out all the lyrics to "Love is an Open Door" and post it on Vine. Let's spend less time focusing on what's cool and what's not and just live. It's what Sheldon Cooper would want. (And he's pretty cool if you ask me).

AP



# Perspectives

## Spring has Sprung



WARMER WEATHER IS FINALLY ON ITS WAY AFTER A HARSH WINTER

BY CASSANDRA KATRIS  
Staff Reporter

It's that time of year again. Time to set the clocks forward an hour, forcing us to lose time that could be spent sleeping. Warmer days, no more snow and freezing temperatures, and the dream of summer.

The time change can be positive for students due to the numerous activities taking place on Sacred Heart's campus

during this seasonal shift.

During the warmer weather, Sacred Heart's campus becomes alive with everything from students studying and tanning on the quad, games of soccer and frisbee outside the freshman dorms, to students adorning crop tops and flip flops.

"Spring time is my favorite time to be at Sacred Heart. I love doing my homework outside with friends, and watching students play can jam. I always look forward to the Chi Omega LuOwl, which is a fundraiser for Make a

AP

Wish Foundation. Also, as a part of Greek life myself, I highly anticipate Greek Week in April, where the Greek Olympics take place on the Notre Dame High School field," said junior class president, Briana Grills.

The change of weather makes an impact on the Sacred Heart community, especially with Spring Fest around the corner on May 2nd. Spring Fest serves as a time for students to soak up the UV rays with their friends and classmates. The festival has bouncy houses, arts and crafts, food trucks, a beer garden, free merchandise and much more.

"My favorite part of SHU this spring is going to be being able to go to the beer garden at spring fest this year. All of my older friends have experienced it before and have found it to be one of the best times to get together and hang out with people in their grade, reconnecting, during a great event. It's a great time to celebrate the best time to be at Sacred Heart," said junior Nick Savino.

It's not just students taking advantage of the warmer weather, but faculty also. Frequently throughout the second half of the spring semester, certain professors will hold class outside, in order to simultaneously teach and allow students to experience the outdoor environment as they learn.

"As a biology major, a few of my teachers will take us outdoors and incorporate nature into the class lesson. This week we are going to the Beardsley Zoo to observe animals for my animal behavior class, doing echograms. It's always a nice change of pace to go outside for class in the warmer seasons. Sometimes it can get hard to concentrate being cooped up in the academic building all day, when it is beautiful out," said junior Shelby Sofianek.

It will be a welcome change not to see plow trucks going through and around campus, especially with the abundance of snow this winter. It also will be an adjustment to switch one's Outtakes order from a hot to an iced coffee beverage.

"I love walking around the beautiful campus in springtime wearing my open toe wedges, with a large iced latte in tote," said junior Jillian Siegmund.

### What is one aspect of Sacred Heart University that you would like to change?



Haley Paoletta-Craw, **Sophomore**

*"I think it would be awesome if we could get more diversity at SHU. Everyone is from NY or Jersey and it would be cool to pull people from the Midwest or down south because SHU has a lot to offer."*



Tom Bovino, **Senior**

*"More events like the President's Gala"*



Caroline Valenzano, **Junior**

*"I wish I could change the student body's willingness to participate in events on campus. I'm involved in a few groups that program for the school and in addition to the physical events, we always need to plan for some type of giveaway or incentive to make people want to go. It's frustrating sometimes because so much work gets put into the planning and the number of attendees is always a worry."*



Nicole Stemmler, **Sophomore**

*"I would change the parking situation because I have to drive around for 17 hours before I find a spot or end up walking so far that i'm late to class."*



# Editorials

## meetTHESTAFF

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## Meeting GTA, TJR and Wuki

SAM BUTLER  
PERSPECTIVES EDITOR

If you are a huge electronic music fanatic like myself, you may or may not have heard of GTA (Good Times Ahead) and TJR. The two acts assembled a North American tour during the start of February and I knew immediately that I had to buy tickets. I saw GTA back in 2012 when they opened for Dillon Francis and I was blown away. They began their set with their well-known intro that states "GTA up in the club" several times in different voices and languages. Thinking about it gets me so amped. Anyways I knew I had to buy tickets to their newest tour. With the ticket purchase, I was also given the option to purchase a meet and greet ticket... for only 30 dollars extra.

Feeling like a billion dollars, my friend John and I walked into the venue the night of the show. The first step was finding GTA's tour manager, Ethan. Looking like frantic crazies, John and I began asking employees and practically anyone we saw if they knew where Ethan was. Eventually we were directed to the front of the stage where we met up with Ethan, who was excited to see us. "You guys are the only two meet and greets tonight," he said. Immediately my heart started racing and my eyes widened. I had so many questions I wanted to ask Julio and Matt of GTA about production, touring and new music and I knew they would be all answered since it was just John and I. Ethan proceeded to bring us to the second floor of the venue and told us something that would change the whole night completely.

I have been fortunate enough to participate in meet and greets before and they were simple. Meet the artists, get some stuff signed, pictures taken etc. However that night was differ-

ent. Ethan wrapped a wristband on my arm and said that John and I had full VIP. We could go up and downstairs as much as we wanted, full table service and the option to hangout with the three Dj acts, GTA, TJR and Wuki the entire night. At this point John and I had no words for what was happening. We were partying with renowned musicians that definitely knew how to have a good time. It was ridiculous how fast time flew by. I checked my phone after the show.... 1 am. WHEN DID THAT HAPPEN?

After all three acts were finished, GTA asked us what we were doing... John and I were stunned. Did GTA just ask us to hang out? They sure did. Down the private elevator we went from the venue into the casino. From there random people were coming up to our group high fiving us and introducing themselves. Its quite humorous because I think they thought that John and I were part of GTA's management.

Bing goes the elevator door and we were on our way to their room. Inside their room we started some great conversation including one that really sparked my interest. I asked Matt how their collaboration with Skrillex was going? Matt pulled his phone out and began to play a demo of a song that Skrillex remixed of their new song called "Red Lips." "No one has heard this before," said Matt. I grabbed his phone immediately up to my ear. It felt pretty incredible to be the first person to ever hear this demo before anyone else in the world.

GTA had a really early flight the next morning and I could tell that they were exhausted. Unfortunately it was time to go, but I can honestly say that that night was one of the greatest nights ever and I will never forget it.

## "What's Instagram , guys?"

MARISA PAPA  
ARTS & ENTERTAINMENT EDITOR



Stop what you're doing. I just got an Instagram. Thus far in life I have tried my hardest to steer away from social media because it tends to be that our generation finds validation in the amount of likes or retweets one accumulates.

I deactivated my Facebook over a year ago and haven't looked back. I felt that I was becoming too attached to constantly checking Facebook and stalking people who definitely don't deserve to have their awkward teenage years studied. So I felt the next step was to admit myself into recovery and delete my drug of choice.

However, I will admit to being an avid user of Twitter, Tumblr, and Snapchat, so I do have some vices. As far as Facebook, Vine (youths: is that still a thing?), and Instagram go, I intentionally steer away from it all. I realize I may sound elitist, having to create my own confidence and validation, so I do apologize for that.

So here's how it all went down: I was sitting minding my own business and my friends decided to create an Instagram account for me. For those of you who know me, my last name is Papa, so they tried making my username "Lollipopapa." It was taken. You win again, Lollipopapa.

Anyone who follows me on Snapchat knows that the primary subjects of my pictures are cats. Snapcat, as I like to call it. Originally I only wanted to follow people who would Instagram pictures of baby animals or baby humans, but that list was unfortunately short. I then expanded my very selective group to anyone.

Once I figured out how to take and post pictures (I feel like an 85 year old woman with this dang technology), I had to think of something quick and witty for my first post. Regrettably I don't drink Starbucks or Dunkin Donuts, so the free-be picture was a no-go.

My first ever Instagram picture was an, intentionally, atrociously taken picture of the Spectrum office, my home away

from home. I framed this picture with the desk was in the left hand corner, and I just managed to snag the back of my fellow editor's body in the upper right hand corner. I naturally changed the filter to the most obnoxious one possible, and made the caption: "Working hard or hardly working???" Emphasis on the three question marks.

That picture got one comment and a number of likes, so I felt confident enough to go ahead and post my second picture. The salad I was eating for lunch. Again, with appropriate filters and a caption of: "THIS SALAD THOUGH."

Since I am such a newbie, I realized that I could get Instagram on my computer. I have just mastered logging in. Hold the applause. However, the Instagram App on my phone is a little tricky to navigate. I have been warned before, and have made this mistake on friend's phones, that you simply cannot zoom in on pictures and that double clicking on the picture does in fact mean you like it. I tested it out on my own picture just to be sure. Now the world knows that I not only took a poorly taken picture of a Spectrum desk and my friend's butt, but I also love it.

Although I seem to be active on Instagram today, I feel like this will be a very tedious job. I don't think I'll have time to stop and take a picture of something and then post it on social media. I find it hard enough to Tweet during the day, so I am hoping this account doesn't go to waste.

Some people devote their daily lives to seeing how many followers, likes, and comments they acquire on their social media pages. I don't think I have enough time in the day to devote to such a task, so Godspeed to anyone who does. Next follower search: Pusheen the cat.

I will leave you one this note. Apparently it is public knowledge only to post one picture a day. How silly I feel that I was bragging about my two pictures. What a rookie mistake.

The editorial page is an open forum. Editorials are the opinions of the individual editors and do not represent the opinions of the whole editorial board. Letters to the editor are encouraged and are due by Sunday at noon for consideration for each Wednesday's issue. All submissions are subject to editing for spelling, punctuation, and length.

Letters to the editor should not exceed 400 words and should be e-mailed to [spectrum@sacredheart.edu](mailto:spectrum@sacredheart.edu). The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.



# Features

## ‘X’ Marks the Spot in Ireland for Sacred Heart’s X-Men

BY MORGAN DEBELLE DUPLAN  
Staff Reporter

Jason Libertelli, a sophomore at Sacred Heart University and a member of the university’s X-Men rugby team, launched the blog “SHU Men’s Rugby 2015 Ireland Tour” on the first day of the team’s eight-day journey to Ireland.

Libertelli created the blog to document the team’s international trip. Libertelli was the only contributor to the blog, but explains he wouldn’t have been able to formulate it without his teammates.

Beginning in Dublin, the eight-day journey was full of unique opportunities for the X-Men, including a visit to the Guinness factory.

“We arrived at Dublin Airport at approximately at 7 a.m. in the morning, and we were immediately immersed in the rich Irish culture and could actually see some grass. We then had a full Irish breakfast of sausage, eggs, beans, and hash browns. The first stop on our very busy day was the Guinness Factory,” Libertelli explains on the blog.

While in Dublin, the X-Men had the opportunity to play rugby against University College Dublin but did not win the game.

“The trip to Ireland was one of the best experiences of my life. I got to enjoy Dublin on the day of an Ireland vs. England rugby game,” said sophomore Chris Coyne.

Also included on the trip was a Viking tour to visit scenic areas of Dublin such as St. Patrick’s Cathedral.

The team traveled to Limerick, the home of Munster Rugby, where they were given the opportunity to watch a Munster Rugby training session and even had the chance to meet players such as Felix Jones and CJ Stander.

While in Limerick, the X-Men also received a private training session run by Shane O’Rourke.

The training session was followed by a game against Castle Island Rugby Club. Despite the team’s best efforts they did not win the game.



JOSEPH VELLA 2016

SACRED HEART’S X-MEN RUGBY TEAM VISITS THOMOND PARK, HOME OF PROFESSIONAL RUGBY TEAM MUNSTER RUGBY, WHILE ON THEIR TRIP TO IRELAND

Lastly, the team arrived in Dingle for their final excursions.

“Dingle was the perfect place to end our trip, the small town feel allowed the team to do some bonding in the local pubs and restaurants. Being on the coast, a lot of activities in Dingle revolve around the water and the weather that the water causes. We were lucky enough to be able to get some good weather so we could go rowing,” said Libertelli on the blog.

In Dingle, the X-Men had an intense workout run by

two locals in the area. The team hiked up a mountain together reaching 600 feet above sea level at the top.

Libertelli shares on the blog, “My team is the best team there is, and there isn’t a better group of guys that I would want to take this trip. I would love to do it again. Thank you for reading my blog. I hope you enjoyed reading it as much as I enjoyed experiencing what I wrote.”

The blog can be found here: [http://sacredheartuniversity.typepad.com/shu\\_rugby\\_2015\\_ireland/](http://sacredheartuniversity.typepad.com/shu_rugby_2015_ireland/)

## Delta Tau Delta Participates in the White Ribbon Campaign



TRACY DEER-MIREK

MEMBERS OF THE SACRED HEART COMMUNITY GATHERED TO SUPPORT DELTA TAU DELTA AND IN THEIR CAMPAIGN TO RAISE AWARENESS AGAINST DOMESTIC VIOLENCE

BY GINA BATTAGLIA  
Staff Reporter

Delta Tau Delta, a fraternity at Sacred Heart University, took part in an international push known as “The White Ribbon Campaign” on Feb. 27. “The White Ribbon Campaign” is an international petition involving men and boys ending violence against women and girls.

The pledge started in 1991 when men were asked to wear a white ribbons to represent the pledge to never hurt

women and girls.

At this event there were 150 people who came together to sign this petition of awareness. Jack Wilson, the Chapter President of Delta Tau Delta, said that this petition is a challenge for any person.

“Anyone who signs the petition is not only taking a stand against violence towards women but also a pledge to never harm them,” said Wilson.

Wilson said that this is the second year in a row that Delta Tau Delta has been involved with raising awareness for “The White Ribbon Campaign.”

Christian Colon is the Public Relations chair for Delta Tau Delta, along with being an Asst. News Editor and Circulation Manager for The Spectrum. He said that sexual awareness has been the fraternity’s number one priority before the members even pledged for the fraternity.

What encouraged Delta Tau Delta in this international push was to make sure that everyone is safe.

“We want to bring the safest environment possible to our school community while also raising awareness for a cause,” said Wilson.

Daniel Delgado, one of the Vice President’s in Delta Tau Delta, said he wants to make “The White Ribbon Campaign” as huge as possible because domestic violence and abuse is difficult to face.

“By pushing ‘The White Ribbon Campaign’ as hard as we can, we can ultimately make this issue known to anybody,” said Delgado. “It being international, it gives women who are dealing with these issues some security know that other people know how they feel and give them an escape.”

Fairfield town officials had reached out to Delta Tau Delta about getting involved and speaking about this topic to spread awareness Wilson had said.

“The speakers we had were town officials,” said Wilson. “We also had some people who have been affected by this cause to shed some light on the subject, and spread awareness.”

Delta Tau Delta is trying to spread awareness of “The White Ribbon Campaign” to the Sacred Heart community. Wilson said everyone in the Sacred Heart community could be more involved with this cause by simply taking a stand for it in their own personal lives.

The members of Delta Tau Delta are proud to pledge knowing they are spreading awareness to stop domestic violence Delgado said.

“I am honored to be supporting a campaign that should be publicized throughout all college campuses,” said Colon. “Recently there has been many incidences on college campuses and it’s time to take a stand, especially Sacred Heart.”



# Features

“ But I was a freshman in high school when I took Algebra 1, and that’s when I started to like math, actually.  
-Professor Lazowski ”

## Digging Through the Directory: Dr. Andrew Lazowski

BY MELANIE HOLEC  
Copy Editor & Asst. Features Editor

*Dr. Lazowski is an Assistant Professor of mathematics and has been at Sacred Heart for five years.*

**Q: Where did you grow up?**  
A: I was born in Derby, Conn., which is 20 minutes away. That’s where I was born and raised.

**Q: Did you always want to be a professor?**  
A: I mean I liked hockey, you know, what kid doesn’t want to be a hockey player and win a Stanley Cup? But I was a freshman in high school when I took Algebra 1, and that’s when I started to like math, actually. And I think that is when I decided I wanted to do some sort of teaching, whether it be high school or college or something. I just wanted to teach math at that point. I liked the math and I thought that I would be good at explaining it to people.

**Q: What would you say are your biggest successes?**  
A: What I think I’m most proud of, and I think it’s more luck than anything else, is that I have a successful career, a successful family, and I always tell people I’m living the dream. I have a good job, my wife has a good job, and I have three healthy children that are everywhere, and I have a lot of fun with them. And I own my own house, and that’s just awesome to me. Some people, you know, don’t have a house, for whatever reason. Some people can’t find the love of their life, and some people can’t have kids. And all those things just kind of happened, and I think that that’s just great, that’s the best – I mean, that’s not one best thing I guess, I just, I love where I am right now.

**Q: What challenges have you faced in getting to this point in your career?**  
A: I always tell people the hardest thing I did was get a Ph.D. in math. So that was crazy, it was really hard. I would say that’s the hardest thing I did. Is there any one specific thing in particular? Probably not. I mean we had to take preliminary exams and those were hard, you have to write a thesis and you have to prove something that hasn’t been proven before, and that’s intimidating.

**Q: Did you change your major at all in college?**  
A: When I was a senior [in high school] and looking at colleges, I would be asked what I wanted to major in and math just seemed natural, partly because I liked it, partly because I didn’t know anything else. There were no business classes at my high school so I didn’t know what it meant to major in accounting. I know that sounds kind of stupid now, but I didn’t know what that meant. For me the options were English, math, some form of science, history, just liberal arts basically. So math was it. And then I got there and I took calculus in college and that proved to me right away, you know, I walked in there saying I wanted to be a math major and it worked out. And then, I think it was my sophomore year, I took an economics class and I thought that that was really cool so I ended up minoring in economics. But math was pretty clear from day one.

**Q: What is your favorite thing about your job?**  
A: I bet you get this answer all the time, so I’m probably



TRACY DEER-MIREK

**DR. LAZOWSKI IS AN ASSISTANT PROFESSOR OF MATHEMATICS AND HAS BEEN AT SACRED HEART FOR FIVE YEARS.**

repeating what everyone else has been saying, but I think that interaction with students is the coolest thing. I just think it’s a great age, because you’re kind of an adult, kind of not. And when you come in you’re 18 just out of high school and when you leave, there’s a huge difference, and I just love that age range, talking to those people. So I love talking to students, I love hearing what goals and aspirations they have. And I mean, I like the math too. When a student comes in and they say, “I don’t know how to do number 15 from the homework,” I love working out math with somebody, so that’s good too.

**Q: After getting your Ph.D. did you find it difficult to go back and teach undergraduate-level math?**  
A: I went for the Ph.D. knowing I was going to teach undergrads, I didn’t want to work at a school where I was just going to teach graduates. That’s not what I wanted to do, I liked the undergraduate math better, I liked calculus and statistics. I equate it to undergraduates here who come here majoring in math and want to be high school teachers. You don’t need to know, you know, last semester I taught a class called Real Analysis. You don’t have to be an expert in real analysis to teach calculus or high school algebra, although it’s definitely useful, as a teacher you do need to know more than your student does. And that’s how it was with grad school. When these students come in, that’s what they want, they just want to teach geometry or algebra or calculus. And they kind of struggle a little bit sometimes, getting through the upper-level math, and that was kind of like me, just at a different level. Grad school was really hard for me and I struggled a little bit. I just knew that once I got through I could come back to a place like this and teach calculus, and it’s worked out.

**Q: What is your most memorable teaching experience?**  
A: There’s a whole bunch of classes that I like teaching. The moment that I talk to people about when they ask me about my job, it was actually my first day here, I still can’t believe I did this. And I can’t believe this might get published, but here we go. It was my first day here, and I was teaching a pre-calculus class. And I’m reading the roster, seeing who’s here, and I got to a kid whose name was Joe, and he wasn’t there. So as a joke I’m like, “Is Joey Bag-a-donuts here?” And one girl laughed because she knew him and said, “That’s what we call him.” She said he was one of her friends, so I said, “Do you have his phone number?” And she said yeah, so I said, “Let’s call him right now.” So she dialed and gave me her phone and, you know, he picked up thinking it was going to be his friend and it was me. And I was like, “Hi, I’m your math professor, where are you?” And he had some excuse. But here’s the funny thing: It’s great because he came to the class. I don’t know if he was going to come otherwise. So I got him to come to class, which was great from a teaching standpoint. And what that did was, this was my first day on campus and it was kind of a risk, doing something like that, and that’s the teacher that I am. I do stuff like that in class. I know students are nervous the first day. Not all of them, just some of them are. And when I did that, that kind of went away, students felt comfortable with me, they felt that they could joke around with me, that they could ask me their questions, and I think that just set the tone for exactly what I was going to be when I got here. So, that’s one of my favorite stories. When I’m eighty years old, that’s what I’ll be telling the grandkids. They’ll probably get sick of hearing that story.

**Q: Did you have a professor that had a big impact on you?**  
A: There was a math professor at Hofstra named Stefan Waner and he was a little bit older, he was near retirement but he was the coolest guy. He came to class in shorts every day, even in winter, and he was just relaxed. He had people call him by his first name as opposed to Doctor or Professor, and besides all that he was just a good math teacher. He got through to his students. The other teacher that I think made an impact, I was an economics minor like I said, and his name’s Robert Guttman, he’s now retired too. And he was just, he was funny, and he was one of the hardest teachers I had, but he was one of those teachers where you didn’t mind if he was hard, because he was just so good, and you learned so much in his class it was amazing. And I feel like when I teach, I’m kind of a mix between those two guys in some weird way.

**Quick Hits:**  
**Hobbies?** I play soccer. I like to run a little bit. And as a dad, you need to know how to fix things, so I like to work with my hands. Anything I can fix, I try. The kids know that now, they break something and they’re like, “Oh, Dad can fix it.”  
**Favorite Hockey Team?** New Jersey Devils.  
**Favorite Food?** Pizza.  
**Favorite Music?** I’m a Top 40 guy, whatever’s new.  
**Favorite Movie?** A Beautiful Mind. I had to pick a math movie.

## Kappa Delta’s Shamrock the Runway

BY KYLE DRAGO  
Staff Reporter

Kappa Delta, a sorority at Sacred Heart University, recently held their annual Shamrock the Runway event. The event was held on Wednesday, March 11, in the Edgerton Center for the Performing Arts on campus.  
The event was founded in 2010 and features many students who volunteer to participate. Some students were from other sororities or fraternities, or were involved in other activities on campus.  
The show featured three different clothing styles. They started out with casual wear, then moved to swimwear, and ended the night with eveningwear.  
Two MCs hosted the event and there

was also a DJ playing music while the models strutted down the runway. Many fraternities, sororities, and other students came out to watch the show.  
“It was nice to see Greek Life come out and support one another,” said sophomore Heather Leone.  
The show was not only for entertainment purposes. There was an entrance fee of \$5 but all proceeds went to Kappa Delta’s philanthropy.  
The sorority’s philanthropy is Prevent Child Abuse America (PCAA). Kappa Delta has been working with this organization since 1981. The late Donna Stone, who was also a sister of Kappa Delta, founded the organization. To this day, nationally Kappa Delta has raised over \$15 million.  
Kappa Delta sororities all over the country host different “Shamrock Events” to raise money for their philanthropy.  
The sorority also held raffles and had other items to purchase to help bring in more money. 80% of the money was donated locally and 20% was donated nationally.  
“I thought it was a great way to raise money for a worthy cause in such a modern and trendy way that would be appealing to so many students on campus,” said Leone.  
But before the show even started, the audience was given some background information about child abuse in America. Generally, one in three girls and one in seven boys will be abused before the age of 18.  
Another event that brought to the attention of the audience is the “Walk a Mile in Her Shoes” event. According

to the Summer 2014 issue of the Sacred Heart University Magazine, this event is sponsored by Center for Family Justice and it raises awareness against rape, sexual assault, and gender violence. In this event, men walk a mile in high heels. Last year, the brothers of Delta Tau Delta and the Sacred Heart Wrestling Team participated and received an award for being the largest team to participate.  
The event ended with applause and captured the attention of many students who came to catch the latest fashion trends.  
“I thought the Shamrock the Runway was an awesome idea and that they did a good job with it. I especially thought it was great that they were supporting such an important cause and I’m really glad my money is going to something I support,” said sophomore Gabriella Nutile.



# Arts & Entertainment

## The Dress that Broke the Internet

*Black & Blue vs. White & Gold: Which do you see?*

BY HALEY TANELLA  
Staff Reporter

On Feb. 26, the internet exploded with one of the biggest viral phenomenons of the year.

An image of a dress was posted onto Tumblr after a dispute between a bride and one of her bridesmaids as to what color they believed the dress to be.

Soon after, millions of comments and shares appeared across the internet in regards to the color of the dress. Facebook, Twitter, Buzzfeed and other social media platforms exploded with people's differing opinions.

According to NewYorkTimes.com, the dress is originally black and blue, however, many dispute the color that they saw in the pictures posted online.

According to CBS Local Los Angeles, the image of the dress collected over 73 million views in under 24 hours.

Even famous celebrities shared their views on the dress with the internet's help.

Taylor Swift tweeted late on Feb. 26 stating that she believed that the dress was "obviously blue and black."

In the late weeks of February, the craze hit Sacred Heart University's campus.

"I can't believe how much of a commotion one picture of a dress could cause," said junior Mary Nealon.

Some students believe that the color of the dress was gold and white.

"I honestly see the dress as white and gold," said sophomore Sarah Palmieri. "I think that because people are trying so hard to make sense of the dress, there is no real answer to the color everyone sees."

Others claim that the dress consists of a combination of colors which may not be the most popular view.

"I think that the dress is gold and blue," said senior Chris Minardi, "isn't it obvious?"

To many, the dress facilitated a lot of debate and general confusion.

"I've seen the dress in both colors," said freshman Eddie Feely, "so, I really don't know what to think anymore."

Despite the confusion over color, the dress' popularity grabbed the attention of many internet users all over the world. So much so that by the end of the day, it was a worldwide trending topic, according to Twitter.

To add to the dress' popularity, the Salvation Army of South Africa has created an advertisement that takes the meaning of 'black and blue' to a new level.

The black background highlighted models that are

covered in dark bruises, wearing representations of the popular dress.

"I think that they played a clever card on a quick media sensation," said junior Leah Arsenault. "I don't think there is anything wrong with what they did, and I think the whole black and blue pun was very fitting for their advertisement."

Some Sacred Heart students took positively to the promotion of abuse awareness through the advertisement.

However, other students did not find the Salvation Army advertisement amusing.

"I think it was a great ad to boost their marketing and got an important point across," said Palmieri, "but I don't think that it was the right way to advertise such a serious situation."

The campaign asks the question, "Why is it so hard to see black and blue?"

The response: "because they cover it with white and gold."

"I'm not sure it was a smart move," said Nealon, "in a way, the ad kind of pokes fun at the situation and the people arguing over it and really trivializes the issue at hand."

## A Week in Review

*Theatre, Choir and Graphic Designers showcase their work*



THE SPECTRUM/ LIZ MASTRACOLA

BY MARISA PAPA  
Arts & Entertainment Editor

This past week the Performing Arts Department and Art & Design department were in full swing. The Theatre Arts Program performed "The Fantasticks," a comedic musical about the struggles of life. "The Fantasticks" will also be performed this Thursday - Saturday at 8 p.m. and this Sunday AT 3 p.m. Tickets are available in the box office Monday- Friday from 12 p.m. to 4 p.m. This past Sunday, there was a student art exhibit in the Art & Design Gallery. Parents, faculty and staff attended the exhibit while awards were handed out to various students. The 4 Heart Harmony Choir performed in the Chapel this weekend in a concert called, "Blues in the Night." The concert was created in order to increase 4 Heart's musical repertoire into other genres.







# Sports

## Hockey making huge strides despite loss

BY TAMARIC WILSON  
Staff Reporter

For the first time in five years, Sacred Heart University will be represented in the quarterfinals of the Atlantic Hockey Conference playoffs.

On Saturday March 7, Sacred Heart University's men's ice hockey team completed its sweep against Army. The Pioneers won the first game 2-0 and the second 5-2. This marks the first playoff win for Sacred Heart since the 2010-2011 season, when the Pioneers defeated Bentley in the first round.

"I think that making it through the first round has brought more confidence to the team and more desire to make it through the next round," said junior Zachary Luczyk. "The wins this weekend were great and we can reflect on it all we want but there's a long road ahead of us and we cannot get caught up with past success."

Luczyk plays forward and had a successful season so far. He has a team-high 26 points, along with 15 assists and 11 goals. He also was honored with the co-offensive player of the week award for his performance in the Frozen Holiday Classic.

Luczyk played a big role in the team's turnaround this season, but wasn't around for the playoff struggles the team has had in recent years because he is a transfer from Quinnipiac.

However, he has managed to fit right in with the team and be a part of the great team chemistry that the coaches feel are the reason for their success.

"This group of guys have great chemistry together," said head coach Carl Marottolo. "They understand that they all bring different assets and strengths to our team and are respectful of each other."

Marottolo is in his sixth season as head coach, and is no stranger to turning this program around. In his first season he led Sacred Heart to a 21-13-4 record, which was the most wins in the program's history. He also was named the Bauer Hockey Coach of the Year in the Atlantic Hockey Association that year.

Although Marottolo has helped the team improve to where they are, this wasn't an easy process for the team to go through.

"The team had a number of bad seasons which sometimes causes people to lose faith," said sophomore Jordan Minello. "It can be really difficult to gain the respect of your supporters after a number of disappointing seasons."

Minello plays forward, and is the team leader in goals, scoring 14 so far this season. He also has 25 points, which is second on the team.

The Pioneers have managed to come back from the rough patch they have faced the past five years, which can help them gain the faith they would like from fans. They feel that their captains' leadership has been a great help in doing this.

"The leadership from our captains Ben Lake, Will Rayner, and Mitch Nylen has been great all year and they continue to be great as we come down the stretch," said senior Alex Vazzano.

Vazzano is a goaltender who has had a



SACRED HEART ATHLETIC COMMUNICATION

### MEN'S HOCKEY CELEBRATES IN THEIR WIN AGAINST ARMY

good season as well. He's been named the AHC goaltender of the week twice for his efforts against Mercyhurst and Holy Cross. He has totaled 624 saves and has a save percentage of 91.

The team also feels that their recent success is because of their increased focus on the small things, and great goaltending by guys like Vazzano.

"Our team has first of all focused more on the little things, such as wall play, turnovers, and back checking, in both practice and in the game," said Luczyk. "Another element is our goal tending which has been superb the last 5 weekends and it is a main

factor to why we win games."

The team looks to continue this focus, as they look to accomplish more than the first round victory.

"I want to finish out my college career on the highest note possible and make it as far as we can in this year's tournament," said Vazzano. "We still have a lot left to accomplish and the feeling in the room is that we have unfinished business."

The men's season was ended this past weekend by Canisius in two games by scores of 2-0 and 2-1.

## Equestrian Team Making Most of Success



SACRED HEART ATHLETIC COMMUNICATION

### SACRED HEART'S EQUESTRIAN TEAM ENJOYED A VERY SUCCESSFUL SEASON

BY JESSICA CHALOUX  
Staff Reporter

The 2014-2015 season for the Intercollegiate Horse Show Association (IHSA) Sacred Heart equestrian team has proven to be one of its most successful.

Three Western riders qualified as individuals in Western Semifinals taking place in Oklahoma March 21-22. Eight Hunt Seat riders qualified for individual competition in Hunt Seat Regionals taking place March 28 at Mystic Valley Hunt Club in Groton, Conn.

Hunt Seat riding includes classes on flat work, such as walk, trot, canter, and classes jumping fences. Western riding is a style that incorporates horseman ship and reining.

"Our team is successful this year because we all work together and push each other to be the best riders that we can be," said senior Natalie Cafasso. "As a senior my team is very special to me and I'm going to miss them and the horses very much."

Cafasso recently has pointed out of Novice Flat and will be competing in Regionals.

As well as individual competition, the Equestrian Team accumulates points over the span of the season and the team with the most points by the final show wins their region. Both the Hunt Seat and Western team won Zone One, Region Five, moving them onto Hunt Seat Zones and Western Semi Finals.

2015 is the first year that the Western team has come in first place in their region and the second consecutive year that the Hunt Seat team has won their region.

In order to move onto IHSA Nationals, the team must come in either first or second place.

"It's a lot of fun riding on a college team because in high school most of us only rode individually. We all are so close and this year we won both our English and western regionals," said sophomore Katie Byrne.

Byrne is riding in Novice Flat and placed out of Novice Fences into Intermediate Fences last semester. She will be riding in the regional competition as an individual in Novice Fences.

"I think it was a mixture of the dedication and commitment of all the girls that made the team successful," said freshman Rebecca Tytlar. "Also the amount of girls

we had on both the Hunt Seat and Western team helped a lot. By having so many girls on the roster we made each other better."

Tytlar will be competing in the team Hunt Seat Zones Walk Trot division April 4 at Mount Holyoke College.

In this type of competition, riders randomly are assigned a horse to ride in competition against other IHSA teams. This is done to point focus on how the rider works with the horse and is able to adapt to different rides.

Team dynamic is important in many sports, including the Equestrian Team. Not only is it a partnership between horse and rider, but with teammates too.

"We had a huge amount of support for one another and if someone was hurt, sick, or unable to ride we were always ready with a backup plan," said Tytlar.

The equestrian team travels to Rolling M Ranch in Southbury, CT for practice typically twice a week for each rider in groups of three to five. With seven English horses and a group of Western horses, the team is able to practice riding different ones.

"Being an equestrian athlete has taught me to never give up and I have my team to thank for that," said Cafasso.



Sports

NCAA Tournament Preview

Sports Editors Sean and Nick voice their opinions about the upcoming tournament

BY SHAWN SAILER  
Asst. Sports Editor

The NCAA men's basketball tournament bracket was released on Sunday. Every year it is interesting to see which teams will get each seed and what teams get seeded higher or lower than people expect.

Kentucky is the number one seed in the Midwest region and the top seed overall in the tournament. A surprise for me in the region was Notre Dame as the number three seed. I thought they had a possibility to get the number two seed, which went to Kansas. A team in that region that could make a run is the four seed, Maryland. The Teripins statement win of the season came against Wisconsin on Feb. 24. It would be interesting to see them make a run and possibly face the Badgers again in the final four.

The East region has Villanova as the number one seed. Virginia is the number two seed in the region. They are a team that probably thought that they deserved a number one seed. A loss to North Carolina State in the ACC tournament

probably hurt their chances of getting the number one seed. NC State is a scary number eight seed, having beaten teams like Duke, Louisville, North Carolina, and Virginia Tech.

Duke is the number one seed in the South region. Duke was a surprise one seed, in the mind of some, including myself. It makes sense for the way the regions came together but it was thought that Virginia would get a one-seed over the Blue Devils. Duke has been very good this season but they have not had a year like people expect Duke to have. Gonzaga and Georgetown are teams to watch in that region. There is no major upset likely in that region but then again, any team can get cold or hot on any given day. Plus, we have seen some crazy things in years past. That is what makes the tournament so great.

The West might be the deepest region of the bracket. Wisconsin is the 1 seed, Arizona the 2 seed, Baylor the three and North Carolina the 4 seed in the region. Any of those teams could make a deep run. Another team in that region that could give other teams issues in the number 10 seed, Ohio State. All I am saying is do not count out the

Buckeyes.

My final four prediction has two number one seeds going up against each other and two number one seeds matching up. I am predicting Kentucky to face Wisconsin in one final four matchup with Virginia taking on Gonzaga in the other final four. It's not often you seed two number one seeds make it to the final four. It is more often that there are earlier round upsets and lower seeds make it to late rounds.

I am predicting Wisconsin to give Kentucky their first loss of the season and the Badgers go to the National Championship. In the other final four matchup, I have Virginia defeating Gonzaga. In the championship game, I predict that the Badgers will take down Virginia and win the title. Wisconsin is led by senior Frank Kaminsky, who is averaging 18.2 points per game this season.

March Madness is one of, if not the best time of the year in sports. Everyone has fun making brackets and watching all the games. There are so many great games

BY NICK MCANENEY  
Sports Editor

It is the middle of March, and that means only one thing if you are a sports fan.

It's tournament time.

The NCAA Tournament is upon us once again, and unlike most years, there is a clear-cut favorite going into the big dance, and that would be the undefeated Kentucky Wildcats. They have marched through the regular season and conference tournament without a single hiccup, and looked poised to become the first team since Indiana in 1976 to finish an entire season undefeated.

That does not mean Kentucky has an easy path to the Final Four. The Midwest region has some tough teams. 3 seed Maryland and 4 seed Notre Dame are playing exceptional basketball at this point in the season, and might give the Wildcats problems along their path to the championship.

The West region is the most exciting region in the entire bracket. From top to bottom, it is stuffed with teams that all have a shot to take a strong run to the Final Four. 1 seed Wisconsin is the hot pick to be the first team to beat Kentucky if they meet in the Final Four. 2 seed Arizona and 3 seed Baylor are long, athletic and can put a ton of

points on the board. Get ready for a track meet if you watch those teams. Other strong teams include 4 seed North Carolina and 7 seed VCU, two teams that know what it takes to make a deep run.

The East region is a wide-open race, with no clear team that you can trust to put in your Final Four. Villanova is the 1 seed, but many felt that they were not as deserving of that seed as the 2 seed in the region: Virginia. Virginia was one of the top two teams in college basketball for most of the year, but has struggled recently, losing three of their last four games. Michigan State, the 7 seed, is a hot pick to make some noise because of the way they played in the Big Ten Tournament, almost upsetting Wisconsin in the tournament final. Louisville, the 4 seed, is another interesting pick. They have been inconsistent throughout the year, especially on the offensive end, but it is very hard to bet against a Rick Pitino coached team in the NCAA Tournament.

The last region, the South, is probably the weakest region out of the four. 1 seed Duke does not have an easy road to the Final Four by any means, but it is easiest path out of all the regions. They got lucky to be placed with 4 seed Georgetown and 2 seed Gonzaga, two teams that are infamous for underperforming in the tournament. 3 seed Iowa State is getting hot at the right time, knocking off Kansas for the Big 12 Tournament title and trying to flex

their newfound muscle as a power to be reckoned with. A team to watch out for is 12 seed Stephen F. Austin. This exact team made it to the third round of the tournament last year, and is looking to make some more noise this year. Look for them to maybe make a trip to the Sweet 16 this year.

As with any Final Four picks, these are made with no confidence at all and probably will get one or two horribly wrong. That being said, I have selected Wisconsin, Kentucky, Duke, and Virginia. To me, these have been the best four teams on college basketball all year, and will prove it by making it to the Final Four. I ultimately think that a rematch will take place between Duke and Wisconsin. They played each other in Madison earlier this year in December, with Duke winning by 10. This game will be just as intense, with the two best players in the country, Frank Kaminsky of Wisconsin and Jahlil Okafoe of Duke, going at each other once again. And once again, Duke will prevail, and give Mike Krzyzewski his fifth national title.

College basketball fans have come to expect craziness and insanity when it comes to the NCAA Tournament. They expect upsets and buzzer beaters, with teams that no one has ever heard of knocking off established powers. This year has a lot to live up to, let's hope it does not disappoint.

COMINGup

Baseball

SACRED HEART (1-11) @  
Iona (3-15)  
Wednesday 4 p.m.

Men's Lacrosse

SACRED HEART (2-2) VS  
Robert Morris (1-5)  
Saturday, 1 p.m.

Men's Volleyball

SACRED HEART (9-8) VS  
Alderson Broaddus (12-3)  
Friday 7 p.m.

PLAYbyPLAY

Baseball

3/13  
Fordham 9, Sacred Heart 1  
3/14  
SACRED HEART 6, Fordham 4  
3/15  
Delaware 9, Sacred Heart 0

Women's Lacrosse

3/14  
Vermont 15, Sacred Heart 8

Men's Ice Hockey

3/13  
Canisius 2, Sacred Heart 0  
3/14  
Canisius 2, Sacred Heart 1



# Sports



LET THE MADNESS BEGIN. COLLEGE BASKETBALL HEATS UP AS THE TOURNAMENT STARTS THIS WEEK

AP